

# 2018 - 2019

## Esperanza High School Cheer Evaluation Packet

Thank you for your interest in joining the award winning EHS Cheerleading program. Read below for the list of items required to attend tryouts.

- ✓ Tryout Application
- ✓ Parent Permission Form & Letter of Intent
- ✓ PYLUSD Sports Pre-Participation Physical
- ✓ Esperanza High School Athletic Clearance Packet (**Online**)  
*A copy of the front and back of your insurance card must be uploaded.*

✓ Academic Transcript  
*Candidates must have earned a GPA of 2.0 or higher on their most recent grading period in order to be eligible to become a Pep Squad member.*

- ✓ 2 Teacher Evaluations

***\*All packet items MUST be fully completed and submitted at the beginning of the first day of clinics.  
(Exception: See the Teacher Evaluation template for instructions on how to submit your evaluations.)  
Those with missing items or incomplete tryout packets will not be allowed to tryout.***

### **Evaluation Meeting:**

Monday, March 26<sup>th</sup> at 6:00pm in Room I1

### **Evaluation Clinics:**

Wednesday, April 18<sup>th</sup> & Thursday, April 19<sup>th</sup> from  
6:30-8:30pm in the EHS Practice Gym

### **Evaluations:**

Friday, April 20<sup>th</sup> from 6:30-8:30pm in the EHS Practice Gym

**Contact Advisor/Coach David Ribadeneira at [esperanzahscheer@gmail.com](mailto:esperanzahscheer@gmail.com)  
with any questions.**

## **Esperanza High School Cheerleading Tryout Directions**

- 1. The following paperwork must be turned in to the Esperanza Athletic Clerk by Monday, April 16<sup>th</sup>:**
  - a. PYLUSD Pre-Participation Sports Physical (Doctor's office stamp and signature REQUIRED) **(All participants must submit an updated physical prior to trying out.)**
  - b. Copy of the front and back of the athlete's health insurance card
  - c. Family ID Registration
  
- 2. All teacher evaluations must be turned in to the advisor's mailbox at Esperanza HS no later than Monday, April 16<sup>th</sup>.**
  
- 3. The following paperwork must be turned in to the Cheer Advisor on April 18<sup>th</sup> (the first day of tryouts):**
  - a. Tryout Application
  - b. Parent Permission Form & Letter of Intent
  - c. Academic Transcript
  
- 4. Participants must wear the following to the evaluation clinics (April 18<sup>th</sup> & April 19<sup>th</sup>):**
  - a. Red, yellow, or white t-shirt/tank top- No other cheer teams on T-shirts please
  - b. Black shorts/spandex
  - c. White crew socks w/cheer shoes or athletic running shoes
  - d. Hair must be pulled back in a slicked, high pony tail w/a red, yellow, or white bow/ribbon
  - e. No jewelry (earrings, belly button rings, necklaces, etc.)
  
- 5. Participants must wear the following on evaluation day (April 20<sup>th</sup>):**
  - a. White t-shirt/tank top only
  - b. Black shorts/spandex
  - c. White crew socks w/cheer shoes or athletic running shoes
  - d. Hair must be pulled back in a slicked, high pony tail w/a red, yellow, or white bow/ribbon
  - e. No jewelry (earrings, belly button rings, necklaces, etc.)
  - f. No nail polish
  - g. Performance Make-up

### **Cheer Evaluation Updates & Results**

Sign up for the Esperanza Cheer Evaluation Remind Text in order to receive evaluation updates and results.

Text to this number: 81010

Message: @espyt



2018 – 2019 Esperanza High School  
Cheerleading Tryout Application



Athlete Name: \_\_\_\_\_

Athlete Birthdate: \_\_\_\_\_

Athlete Email: \_\_\_\_\_

Home Address: \_\_\_\_\_

\_\_\_\_\_

Grade (2018-2019 School Year): \_\_\_\_\_

1<sup>st</sup> semester GPA (2017-2018 School Year): \_\_\_\_\_



**Parent/Guardian #1**

Name: \_\_\_\_\_

Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

**Parent/Guardian #2**

Name: \_\_\_\_\_

Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

Any Previous Experience (school cheer or dance, all-star cheer or dance, gymnastics, tumbling, etc.)?

\_\_\_\_\_  
\_\_\_\_\_

Why do you want to be a member of the Esperanza High School Cheerleading program?

\_\_\_\_\_  
\_\_\_\_\_

What personal traits/characteristics do you possess that you believe would be beneficial to the EHS Cheerleading program?

\_\_\_\_\_  
\_\_\_\_\_

I, \_\_\_\_\_, am trying out for EHS Cheer and will accept a

position on (*check all that apply*):

Varsity Cheer

JV Cheer

*I can safely perform the following skills on a non-spring mat without a spotter:*

### Standing Tumbling

Front/Back Walkover

Back Handspring (HS)

Toe Touch HS

Multiple Handsprings

HS Tuck

Toe Touch HS Tuck

Standing Tuck

Toe Touch Tuck

Standing Full

Other: \_\_\_\_\_

### Running Tumbling

Round Off HS (ROHS)

ROHS (Multiples)

RO Tuck

ROHS Tuck

Cartwheel Tuck

ROHS Layout

ROHS Full

Other: \_\_\_\_\_

**2018 – 2019 Esperanza High School Cheerleading  
Parent Permission Form**

My daughter/son, \_\_\_\_\_, has my permission to tryout for the Esperanza High School Cheer Squad for the 2018-2019 Cheer Squad season. I understand that my daughter/son will be evaluated by the Esperanza High School Cheerleading coaches and qualified judges. I understand that tryout results are final and agree to abide by those results. Furthermore, I understand that there is a possibility that my daughter/son may not make the program. I understand the commitments and duties that will be expected of my child and myself should he/she make the program. I am also aware of the approximate costs involved with participating in the program. If my child is selected, I give my permission for him/her to participate as a cheerleader. Furthermore, I agree that my child will attend all assigned Cheer Squad functions throughout the 2017-2018 season and abide by the rules listed in the Cheerleading Handbook. I am also aware of and will abide by the parent/guardian guidelines and expectations, as listed in the Cheerleading Handbook.

I understand that cheerleading carries a risk of physical injury. Esperanza High School and its coaching staff take all of the necessary precautions to keep the athletes safe; however, the risk of injury can never be fully eliminated. The risk includes minor injuries (sprains, muscle pulls, etc.) to major injuries (broken bones, concussions, etc.) to catastrophic injuries (paralysis and death). I understand these risks and will not hold Esperanza High School, the Placentia Yorba Linda School District or any of its employees responsible in the case of accident or injury.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

**Letter of Intent**

I understand that if my athlete is accepted into the Cheealeading program, he/she may be placed on a team that attends an out of state competition. Examples of possible out of state competitions include, but are not limited to: UCA Nationals (Orlando, Fl.), NCA Nationals (Dallas, TX.), & Jamz Nationals (Las Vegas, NV.) Teams are not guaranteed a chance to compete out of state. However, those teams that are selected to do so will attend a maximum of 1 out of state competition per season. Teams will be notified of any out of state competition by the start of that season’s competition choreography dates (typically in July/August).

I understand that if my athlete is placed on a team that is scheduled to attend an out of state competition, it is mandatory that my athlete attend. I understand that it is my responsibility to fund my athlete’s expenses for the trip – either through donations, sponsorships, and/or fundraising.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

# 2018-2019 Esperanza High School Cheerleading Teacher Evaluation Form

Teachers: These evaluations will be averaged together to count for a portion of each candidate's tryout score. Only teachers who taught the candidate during the first semester of the 2017/2018 school year may participate.

Please turn in or mail in the completed form to David Ribadeneira at Esperanza High School. All forms must be received no later than Monday, April 16<sup>th</sup>. DO NOT return this form to the candidate. If you have any questions, please feel free to contact me at [esperanzahscheer@gmail.com](mailto:esperanzahscheer@gmail.com). Thank you for your time.

David Ribadeneira  
Esperanza HS Cheer & Song Advisor  
1830 N Kellogg Drive Anaheim, CA. 92807

Candidate Name: \_\_\_\_\_ School: \_\_\_\_\_

Subject: \_\_\_\_\_

Please rate the candidate in each of the following categories. (1 – poor; 2 – fair; 3 – good; 4 – very good; 5 – excellent)

Attendance/Punctuality:	1	2	3	4	5
Ability to Work with Others:	1	2	3	4	5
Work Ethic:	1	2	3	4	5
Follows Instruction:	1	2	3	4	5
Displays Leadership Qualities:	1	2	3	4	5

As a member of the Esperanza High School Cheer Squad, this individual would act as an ambassador for the school. Do you believe that this individual would represent Esperanza High School in a positive way? Please explain.

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Have you ever had to take disciplinary action against this student? If so, what was the offense?

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Additional Comments.

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\_\_\_\_\_  
Teacher Signature

\_\_\_\_\_  
Date