

ESPERANZA HIGH SCHOOL CHEER TRYOUT PACKET 2019-2020

Thank you for your interest in joining the award winning EHS Cheerleading program. Read below for the list of items required to attend tryouts.

- ✓ Tryout Application
- ✓ Parent Permission Form & Letter of Intent
- ✓ PYLUSD Sports Pre-Participation Physical
- ✓ Esperanza High School Athletic Clearance Packet (**Online**) *A copy of the front and back of your insurance card must be uploaded.*
 - ✓ Academic Transcript
Candidates must have earned a GPA of 2.0 or higher on their most recent grading period in order to be eligible to become a Pep Squad member.
 - ✓ 2 Teacher Evaluations

****All packet items MUST be fully completed and submitted at the beginning of the first day of clinics. (Exception: See the Teacher Evaluation template for instructions on how to submit your evaluations.) Those with missing items or incomplete tryout packets will not be allowed to tryout.***

Evaluation Meeting:

Tuesday, April 23rd at 6:30pm in EHS Library

Evaluation Clinics:

Tuesday, April 30th 6-8:30 PM & Wednesday May 1st 3:30-6:30 PM

Evaluations:

Thursday, May 2nd 6:00-8:30PM

Contact Advisor/Coach at Esperanzahscheer@gmail.com with any questions.

Esperanza High School Cheerleading Tryout Directions

1. **The following paperwork must be turned in to the Esperanza Athletic Clerk by Friday, April 26th:**
 - a. PYLUSD Pre-Participation Sports Physical (Doctor's office stamp and signature REQUIRED) **(All participants must submit an updated physical prior to trying out.)**
 - b. Copy of the front and back of the athlete's health insurance card
 - c. Family ID Registration

2. **All teacher evaluations must be turned in to the advisor's mailbox at Esperanza HS no later than Monday, April 29th.**

3. **The following paperwork must be turned in to the Cheer Advisor on April 30th (the first day of tryouts) between 5:45pm & 6:00pm:**
 - a. Tryout Application
 - b. Parent Permission Form & Letter of Intent
 - c. Academic Transcript

4. **Participants must wear the following to the evaluation clinics (April 30th & May 1st):**
 - a. Red, yellow, or white t-shirt/tank top
 - b. Black shorts/spandex
 - c. White crew socks w/cheer shoes or athletic running shoes
 - d. Hair must be pulled back in a slicked, high pony tail w/a red, yellow, or white bow/ribbon
 - e. No acrylic nails
 - f. No jewelry (earrings, belly button rings, necklaces, etc.)

5. **Participants must wear the following on evaluation day (May 2nd):**
 - a. White t-shirt/tank top only
 - b. Black shorts/spandex
 - c. White crew socks w/cheer shoes or athletic running shoes
 - d. Hair must be pulled back in a slicked, high pony tail w/a red, yellow, or white bow/ribbon
 - e. No jewelry (earrings, belly button rings, necklaces, etc.)
 - f. No nail polish or acrylics.
 - g. Performance Make-up

Cheer Evaluation Updates & Results

Sign up for the Esperanza Cheer Evaluation Remind Text in order to receive evaluation updates and results.

Text to this number: 81010

Message: @ehe23g



**2019 – 2020 Esperanza High School
Cheerleading Tryout Application**



Athlete Name: _____

Athlete Birthdate: _____

Athlete Email: _____

Home Address: _____

Grade (2019-2020 School Year): _____

1st semester GPA (2018-2019 School Year): _____

Parent/Guardian #1

Name: _____

Phone #: _____

Email: _____

Parent/Guardian #2

Name: _____

Phone #: _____

Email: _____

Any Previous Experience (school cheer or dance, all-star cheer or dance, gymnastics, tumbling, etc.)?

Why do you want to be a member of the Esperanza High School Cheerleading program?

What personal traits/characteristics do you possess that you believe would be beneficial to the EHS Cheerleading program?



I can safely perform the following skills on a non-spring mat without a spotter:

Standing Tumbling

- | | | |
|---|--|--|
| <input type="checkbox"/> Front/Back Walkover | <input checked="" type="checkbox"/> Back Handspring (HS) | <input type="checkbox"/> Toe Touch HS |
| <input type="checkbox"/> Multiple Handsprings | <input type="checkbox"/> HS Tuck | <input type="checkbox"/> Toe Touch HS Tuck |
| <input type="checkbox"/> Standing Tuck | <input type="checkbox"/> Toe Touch Tuck | <input type="checkbox"/> Standing Full |

Other: _____

Running Tumbling

- | | | |
|--|---|---|
| <input type="checkbox"/> Round Off HS (ROHS) | <input type="checkbox"/> ROHS (Multiples) | <input type="checkbox"/> RO Tuck |
| <input type="checkbox"/> | <input type="checkbox"/> | |
| <input type="checkbox"/> | <input type="checkbox"/> | |
| ROHS Tuck | Cartwheel Tuck | <input checked="" type="checkbox"/> ROHS Layout |

ROHS Full Other: _____

2019 – 2020 Esperanza High School Cheerleading Parent Permission Form

My daughter/son, _____, has my permission to tryout for the Esperanza High School Cheer Squad for the 2019-2020 Cheer Squad season. I understand that my daughter/son will be evaluated by the Esperanza High School Cheerleading coaches and qualified judges. I understand that tryout results are final and agree to abide by those results. Furthermore, I understand that there is a possibility that my daughter/son may not make the program. I understand the commitments and duties that will be expected of my child and myself should he/she make the program. I am also aware of the approximate costs involved with participating in the program. If my child is selected, I give my permission for him/her to participate as a cheerleader. Furthermore, I agree that my child will attend all assigned Cheer Squad functions throughout the 2019-2020 season and abide by the rules listed in the Cheerleading Handbook. I am also aware of and will abide by the parent/guardian guidelines and expectations, as listed in the Cheerleading Handbook.

I understand that cheerleading carries a risk of physical injury. Esperanza High School and its coaching staff take all of the necessary precautions to keep the athletes safe; however, the risk of injury can never be fully eliminated. The risk includes minor injuries (sprains, muscle pulls, etc.) to major injuries (broken bones, concussions, etc.) to catastrophic injuries (paralysis and death). I understand these risks and will not hold Esperanza High School, the Placentia Yorba Linda School District or any of its employees responsible in the case of accident or injury.

Signature Date Parent/Guardian

Signature Date Parent/Guardian

Letter of Intent

I understand that if my athlete is accepted into the Cheerleading program, he/she may be placed on a team that attends an out of state competition. Examples of possible out of state competitions include, but are not limited to: UCA Nationals (Orlando, FL.), NCA Nationals (Dallas, TX.), & Jamz Nationals (Las Vegas, NV.) Teams are not guaranteed a chance to compete out of state. However, those teams that are selected to do so will attend a maximum of 1 out of state competition per season. Teams will be notified of any out of state competition by the start of that season's competition choreography dates (typically in July/August).

I understand that if my athlete is placed on a team that is scheduled to attend an out of state competition, it is mandatory that my athlete attend. I understand that it is my responsibility to fund my athlete's expenses for the trip – either through donations, sponsorships, and/or fundraising.

Signature Date Parent/Guardian

Parent/Guardian Signature Date

2019-2020 Esperanza High School Cheerleading Teacher Evaluation Form

Teachers: These evaluations will be averaged together to count for a portion of each candidate's tryout score. Only teachers who taught the candidate during the first semester of the 2018/2019 school year may participate.

Please turn in, email, or mail in the completed form to Katie Sarber at Esperanza High School. All forms must be received no later than Friday, April 26th. DO NOT return this form to the candidate. If you have any questions, please feel free to contact me at Esperanzahscheer@gmail.com. Thank you for your time.

Katie Sarber
Esperanza HS Cheer Coach
1830 N Kellogg Drive Anaheim, CA. 92807

Candidate Name: _____ School: _____

Subject: _____

Please rate the candidate in each of the following categories. (1 – poor; 2 –fair; 3 – good; 4 – very good; 5 – excellent)

Attendance/Punctuality: 1 2 3 4 5

Ability to Work with Others: 1 2 3 4 5

Work Ethic: 1 2 3 4 5

Follows Instruction: 1 2 3 4 5

Displays Leadership Qualities: 1 2 3 4 5

As a member of the Esperanza High School Cheer Squad, this individual would act as an ambassador for the school. Do you believe that this individual would represent Esperanza High School in a positive way? Please explain.

Have you ever had to take disciplinary action against this student? If so, what was the offense?

Additional Comments.

Teacher Signature

Date